

Help!

John Lennon & Paul McCartney © 1965 all rights reserved

CHORUS

D^m

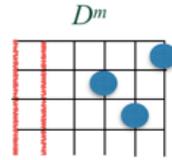
Help! I need somebody

B^b

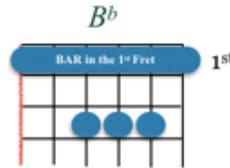
Help! Not just anybody

G

Help! You know I need someone to help!



C



Intro is one hit on *D^m*
red notes are lead.

C

When I was younger, so much younger than today,

F B^b C

I never needed anybody's help in any way.

E^m A^m

But now those days are gone I'm not so self-assured,

F B^b C

Now I find I've changed my mind, I've opened up the door.

D^{sus4}

D^m D^{sus2} D^m D C B^b B^b

B^b A G

Help me if you can I'm feeling down, and I do appreciate you being 'round.

G

C

Help me get my feet back on the ground, won't you please, please help me.

C

And now my life has changed in oh so many ways,

F B^b C

My independence seemed to vanish in the haze.

E^m A^m

But every now and then I feel so insecure,

F B^b C

I know that I just need you like I've never done before.

D^{sus4}

D^m D^{sus2} D^m B^b

Help me if you can I'm feeling down, and I do appreciate you being 'round.

G

C

Help me get my feet back on the ground, won't you please, please help me.

CHORUS

Hymns and Songs as you go

History and Scripture

When I first heard this song in 1965, and all of the times I sang it through the first decades after John and Paul wrote it, I was quite sure it was a poem about, and indeed a plea to a girl.

Surely somewhere in the world there was girl, not just any girl, but THE girl who could help me when I was feeling down and insecure. This special woman would be around every time I needed comfort and support. This unique, exceptional, and treasured love could, and unstintingly would help me get my feet back on the ground, help me to wholly and completely be the man I should be, and want to be.

Now when I think about the lyrics, when I sing them, I'm not so sure it is about a woman.

Rick Larson

Psalm 56:3-4 When I am afraid, I put my trust in you. In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me?

John 10:7-11 So Jesus again said to them, “Truly, truly, I say to you, I am the door of the sheep. All who came before me are thieves and robbers, but the sheep did not listen to them.

I am the door. If anyone enters by me, he will be saved and will go in and out and find pasture. The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly.

I am the good shepherd. The good shepherd lays down his life for the sheep.

Hebrews 13:1-6 . . . he has said, “I will never leave you nor forsake you.” So we can confidently say, “The Lord is my helper; I will not fear; what can man do to me?”

